



COMPASS  
BOUSSOLE  
AKII-IZHINOOGAN

Mental health, developmental and community  
services for children, youth and families.

Annual Report

2019 – 2020

YEAR THREE OF OUR 2017-2021 STRATEGIC PLAN

Lead Agency for Child and Youth Mental Health  
Services in the Districts of Sudbury and Manitoulin.

A FRENCH LANGUAGE SERVICES DESIGNATED ORGANIZATION



### OUR PURPOSE

To create paths for our young  
people to reach their full potential.

## COMMUNITY PARTNERS

Canadian Mental Health Association  
Centre for Addictions and Mental Health  
Centre de santé communautaire  
Child and Community Resources  
Children's Aid Society of the Districts of Sudbury and Manitoulin  
Children's Community Network  
Conseil scolaire catholique du Nouvel-Ontario  
Conseil scolaire public du Grand Nord de l'Ontario  
Fierté Sudbury Pride  
Greater Sudbury Police Service  
Health Sciences North  
Huron Superior Catholic District School Board  
Kina Gbezhgomi Child and Family Services  
Laurentian University  
Local Health Integration Network (now Ontario Health)  
Manitoulin-Sudbury District Services Board  
Ministry of Children, Community and Social Services  
Ministry of Health and Long-Term Care  
Ministry of the Attorney General  
N'Swakamok Native Friendship Centre  
NEO Kids  
Nogdawindamin Family Community Services  
Noojmowin Teg Health Centre  
Partners Network for Sudbury Families (City of Greater Sudbury)  
Primary Care Providers  
Public Health Sudbury & Districts  
Rainbow District School Board  
Shkagamik-Kwe Health Centre  
Sudbury Action Centre for Youth  
Sudbury Catholic District School Board  
Specialty Medical Providers  
TGInnerselves

## BOARD OF DIRECTORS

Iva McNair, President  
Randi Ray, Vice-President  
Todd Robson, Treasurer  
Brenda Tremblay  
Josey Frescura  
Kelsey Bastian  
Patrick Lafontaine  
Quinn Grynspar  
Sophie Mageau  
Tanya Shute  
Vincent Bolt  
Linda Dugas, Executive Director (Ex-officio)  
Monique Levesque, Executive Assistant and Board Liaison (Ex-officio)

## LOCATIONS

62 Frood Road, Suite 100  
Sudbury, ON P3C 4Z3 | [705.525.1008](tel:705.525.1008)

319 Lasalle Boulevard, Unit 4  
Sudbury, ON P3A 1W7 | [705.525.1008](tel:705.525.1008)

34 Birch Street East  
Chapleau, ON P0M 1K0 | [705.864.0860](tel:705.864.0860)

407 Centre Street  
Espanola, ON P5E 1J5 | [705.869.1564](tel:705.869.1564)

15 Manitowaning Road  
Little Current, ON P0P 1K0 | [705.368.2002](tel:705.368.2002)

**TOLL FREE: 1.800.815.7126**

# ENGAGING WITH PARTNERS



COMPASS  
BOUSSOLE  
AKII-IZHINOOGAN

Lead Agency for Child & Youth  
Mental Health Services

## **REBRANDING**

After engaging with our clients, staff and partners, the Child and Family Centre rebranded to Compass in June 2019. This rebranding incorporated a new name, logo, tagline and website. The new brand represents Compass's ongoing commitment to serve children, youth and families who are faced with mental health and developmental challenges.



A compass represents the direction and path people will take not only when using our programs and services, but also in their mental health journey.

## FINDING NEW WAYS

### FROOD EXPANSION

To centralize Compass's mental health services and to improve access for our clients, Compass expanded its footprint at the 62 Frood location. The new space at Frood features 11 therapy rooms, a large waiting room area, updated spaces for groups and new office spaces.

### ORGANIZATION RE-DESIGN

The Agency utilized a consultant to conduct an organizational review to provide recommendations for new internal structures to support people and business practices. Numerous engagement sessions were completed with staff and leadership to develop the recommendations which have been integrated throughout the organization.



## CULTURE OF CARE

### WELLNESS TEAM

Compass's Wellness Team continues to ensure staff have the opportunity to practice self-care and engage in safe and effective use of self. The Sanctuary Model (Trauma Informed Workplace) was introduced to the Leadership team and a work plan was developed to guide the Team's actions moving forward.



## SHARING OUR STORY

### **TRAUMA INFORMED COMMUNITY**

Compass received an Innovative Initiatives grant from the Centre of Excellence for Child and Youth Mental Health to build a trauma informed community.

To date, Compass has provided trauma informed training to over 88 community partners so they can better support the youth they serve who may have experienced trauma.



**88%** 

of participants used the skills they learned in this training to support the youth they work with.

## MEASURE TO UNDERSTAND

### **IMPLEMENTATION OF THE MINISTRY'S BUSINESS INTELLIGENCE SOLUTION (BI)**

This new system for data collection and reporting will help improve the stories the sector will be able to share about the needs of our clients, the areas of opportunity and the hard work our staff engage in every day.



# COMPASS

## BY THE NUMBERS

### CHILD & YOUTH MENTAL HEALTH (CYMH)

In 2019/20 Compass provided **over 12,000 client sessions**. These sessions included:

- Over **4,000 counselling and therapy sessions**
- Over **2,500 brief/mindSPACE sessions**
- Over **600 group sessions**

**82%** of CYMH clients and families met their treatment goals.

**83%** were more able to manage problems than before treatment.

### DEVELOPMENTAL SERVICES



Compass provided diagnostic assessments and services to **131 clients** with or suspected to have an intellectual disability or a global developmental delay (GDD).

### SUPERVISED ACCESS PROGRAM (SAP)



**315**  
VISITS



**182**  
EXCHANGES



**62**  
CHILDREN

In 2019/20, Compass oversaw **315 visits** and **182 exchanges** involving **62 children and youth**.

## STOP NOW AND PLAN (SNAP)™

80%

of clients improved their behaviours.



88%

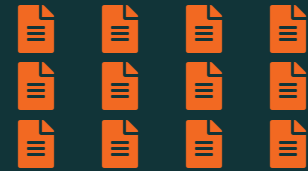
parents increased their sense of control.

Compass served **117 clients**.

## YOUTH JUSTICE PROGRAMS (Section 34 & ISSP)

12

ASSESSMENTS



Compass provided 12 psychological assessments of mental health concerns that may be relevant for youth involved in the youth justice system.



Compass continues to work with our legal and court community partners to enhance our reach for youth involved with the youth justice system.

## RESOURCE PROGRAM



The Resource Program supported 15 child care centres and 26 children in the Sudbury and Manitoulin Districts. These children have a variety of needs and staff worked collaboratively with other service providers to ensure all children have the proper supports to attend child care centres.

91%

of families would recommend Compass to other families.

# 2019/20 FINANCIAL SUMMARY

This financial summary has been extracted from Compass's 2019/20 audited financial statements.

<b>Revenues</b>	9,809,203
<b>Expenses and Adjustments</b>	9,717,673
<b>Excess of Revenue over Expenses</b>	91,530

## Services by revenue stream

### Ministry of Health (MOH)

Child & Youth Mental Health (CYMH)  
Lead Agency

### Ministry of Children, Community and Social Services (MCCSS)

Developmental Services  
Stop Now And Plan (SNAP)  
Psychological Assessments  
Intensive Supervision & Support Program (ISSP)

### Ministry of Attorney General (MAG)

Supervised Access Program (SAP)

### Other grants - Manitoulin-Sudbury District Services Board (MS DSB)

Resource Program

